

If you believe your rights have
been violated, contact
Legal Services for Prisoners
with Children at
(415) 255-7036



LSPC
Legal Services
for Prisoners
with Children



NO MORE SHACKLES

Waist Chains

Handcuffs
Behind the Body

Leg Irons



CA Penal Code
Section 3407
prohibits
specified
shackling of
pregnant women.

Each county is
required to
inform you of
these rights.

ARE YOU PREGNANT?

The use of restraints during pregnancy can have serious health consequences when performed on pregnant, laboring, or post-delivery women, including:

- **Increased risk of falls**, without the ability to break the fall by using hands.
- **Interference with testing** needed during labor including routine vaginal exams and the need to reposition a mother to ensure proper oxygenation of the fetus.
 - This can be life-threatening when an undiagnosed problem such as abruption is occurring.
- **Hypertension disorders** are common in pregnancy (especially in women with a history of drug use) and can cause unpredictable seizures which cannot be safely treated if a patient is restrained.
- Restraints can limit mobility and raise a pregnant woman's risk for **venous thrombosis**
 - Venous thrombosis, a kind of blood clot, is already prevalent among pregnant women and can be life-threatening for mother and fetus.

-American College of Obstetrics and Gynecology

KNOW YOUR RIGHTS

If you are pregnant, in labor and delivery, or in recovery after delivery, you cannot be:

- Restrained by *leg irons, waist chains, or handcuffs behind the body* under any circumstances.

If you are in labor or delivery, or in recovery after delivery, you cannot be:

- Restrained in *front handcuffs* unless deemed necessary for the safety and security of the prisoner, the staff, or the public.

Medical professionals have the authority to direct that restraints be removed at any time.

Cal. Penal Code Section 3407